

Volunteer Opportunities for Corporate Groups

The Volunteer Center serving San Francisco and San Mateo Counties Corporate Services department specializes in developing employee volunteer programs and placing individuals and groups of corporate volunteers in done-in-a-day projects. The agencies we work with are specifically trained to work with corporate groups. A few of those agencies are listed below. If you'd like to volunteer in San Francisco with your corporate team, we recommend the following nonprofit agencies:

AGING:

- **Little Brothers – Friends of the Elderly - SF**
Visit with isolated elderly and celebrate the gift of friendship.
To get involved, visit <http://littlebrotherssf.org/>, call Seth Augustine at (415) 771-7957, or email seth@littlebrotherssf.org.
- **Meals on Wheels - SF**
Serve the nutritional needs of the homebound elderly of San Francisco.
To get involved, visit www.mowsf.org, call Danie Belfield at 415-343-1311, or email dbelfield@mowsf.org.
- **On Lok Lifeways Senior Health Services - SF**
Fundraising events, playing mah-jong with the seniors, arts and crafts.
To get involved, visit www.onlok.org, call May Liu at (415) 292-8768, or email volunteer@onlok.org.
- **On Lok – 30th Street Senior Center - SF**
Serve a hot lunch to seniors Monday through Saturday, assist packing meals, help in the garden, arts and crafts.
To get involved, visit www.onlok.org/30thStreetSeniorCenter.aspx, call (415) 550-2273, or email 30thstseniorcenter@onlok.org

ANIMALS:

- **Peninsula Humane Society & SPCA - SM**
To get involved, visit www.peninsulahumanesociety.org, or call Brian Probst at (650) 340-7022 x328.
- **Pets Are Wonderful Support (PAWS) - SF**
Dog-walking for the clients, pick up and deliver pet food, take the pets to the vet.
To get involved, visit www.pawssf.org, call Scott Justus at (415) 979-9550 x 305, or email sjustus@pawssf.org.

CHILDCARE:

- **FacesSF – Family and Child Empowerment Services - SF**
Assist with classroom activities, help with site maintenance and improvement.
To get involved, visit www.facesf.org or call Jenna Gauger at (415) 567-2357 x 106.
- **Peninsula Family Service – SM**
Assist with beautification projects in an agency that works with children, families, and seniors. Family Service is proud to offer services seven days a week in English, Spanish, and other languages as needed.
To get involved, visit www.peninsulafamilyservice.org or call Maria Chavez at 650-403-44300 Ext 4401.

DISABILITIES:

- **Greater Bay Area Make-A-Wish Foundation – SF and SM**
Wish Granting, interviewing wish children and families, organizing special events, fundraising, etc.
To get involved, visit <http://sf.wish.org>, call Daniel Marlay at (415) 402-2775, or email volunteer@sfwish.org

DOMESTIC VIOLENCE:

- **La Casa de las Madres - SF**
Crisis intervention, assist with planning and implementation of children's support groups for shelter residents, etc.
To get involved, visit www.lacasa.org, call (415) 503-0500 or email comed@lacasa.org.

EDUCATION:

- **California Academy of Sciences - SF**
Help out backstage or in the public with special events and exhibitions.
To get involved, visit www.calacademy.org, call Rosalind Henning at (415) 379-5111, or email rhenning@calacademy.org.
- **San Francisco Education Fund - SF**
Help students build their math, reading and writing skills or assist with art, drama, crafts, and music.
To get involved, visit www.sfedfund.org, call (415) 695-4500, or email info@sfedfund.org.

ENVIRONMENT:

- **The California Coastal Commission - SF & SM**
Protecting, restoring and enhancing California's coastal and marine resources.
To get involved, visit www.coast4u.org, call (800) COAST-4U or email coast4u@coastal.ca.gov.
- **City Trees - SM**
Beautify Redwood City with a tree planting.
To get involved, visit <http://www.citytrees.org/volunteer.cfm>, or call (650) 556-9380, ext 4.
- **Friends of the Urban Forest - SF**
Plant trees throughout San Francisco.
To get involved, visit www.fuf.net, call Caitlin Moon at (415) 268-0772, or email caitlin@fuf.net.

- **Golden Gate National Parks Conservancy – SF and SM**
Help preserve the Golden Gate National Parks while working together in a meaningful and unique fashion. Our volunteer programs are a great team-building experience for corporate groups, community organizations, youth groups, and schools. Activities include: trails, habitats, beaches, historic site maintenance, and native plant nurseries. To get involved, visit www.parksconservancy.org/volunteer or contact us at (415) 561-3077.
- **National AIDS Memorial Grove -SF**
Maintain the grove, weeding, pruning, digging, hauling, and planting.
To get involved, visit www.aidsmemorial.org/volunteer or call (415) 765-0497.
- **San Francisco Botanical Garden (at Strybing Arboretum) - SF**
Horticulture, maintaining gardens.
To get involved, visit www.sfbotanicalgarden.org, call (415) 661-1316 ext. 412, or email volunteer@sfbotanicalgarden.org.
- **San Francisco Parks Alliance - SF**
In addition to aiding community groups in developing new community green spaces, the Parks Alliance hosts monthly community gardening days in various gardens across San Francisco.
To get involved, visit www.sfparksalliance.org or call Julia Brashares at (415) 621-3260 x105.
- **SF Recreation and Park Department - SF**
Gardening, habitat restoration, leading nature walks, tutoring students in after school programs, working with seniors, etc.
To get involved, visit <http://sfrecpark.org/support-your-parks/volunteer-program>, call (415) 831-6330, or email recparkvolunteer@sfgov.org.
- **San Francisco Zoo – SF**
Plant trees, flowers and clean gardens on a Renew the Zoo clean-up day or help out at other Zoo Special Events.
To get involved, visit <http://www.sfzoo.org/adultvolunteers> or call Greg McCoy at (415) 753-7084.
- **Save the Bay – SF & SM**
Coastal cleanups and wetland preservation. Groups of up to 100 on public work days, private work days can be scheduled.
To get involved, visit www.saveSFbay.org/cbs, call Alexis Fedeles at (510) 463-6809, or email afedeles@saveSFbay.org.

HOUSING:

- **Habitat for Humanity Greater San Francisco – SF and SM**
Build homes for low-income families. Groups of 4 to 75.
To get involved, visit www.habitatgsf.org, call (415) 625-1029, or email volunteer@habitatgsf.org.

HUNGER / FOOD:

- **Glide - SF**

Serve meals, mentor youth, provide office support, and more opportunities.
To get involved, visit www.glide.org, call (415) 674-6081, or email volteam@glide.org.

- **InnVision Shelter Network - SM**
Organize donations, cook, serve and sort through food for needy families, stage transitional apartments, tend the organic garden. Special events: holiday parties, carnivals, birthday parties, and donation drives. To get involved, visit www.ivsn.org/volunteer, call Lynnelle Bilsey at (650) 685-5880 ext 125, or email lbilsey@ivsn.org.
- **Project Open Hand - SF**
Prepare meals, pack grocery bags, or deliver meals and groceries to people with HIV/AIDS, or homebound and/or critically ill individuals.
To get involved, visit www.openhand.org, call (415) 447-2404, or email volunteer@openhand.org.
- **St. Anthony Padua Dining Room - SM**
Prep food and serve meals to the hungry and homeless.
To get involved, visit www.paduadiningroom.com or call (650) 365-9664.
- **San Francisco Food Bank -SF**
Sort tons (literally!) of packaged food for distribution to local families and agencies.
To get involved, visit www.sffoodbank.org or email volunteer@sffb.org.
- **Second Harvest Food Bank of Santa Clara and San Mateo Counties - SM**
Sort food for distribution to local families and agencies.
To get involved, visit www.shfb.org, call Kristin Sulpizo at (408) 694-0011, or email volunteer@shfb.org.
- **Self-Help for the Elderly - SF**
Assist the Food Services workers in preparing fruits, and dish out meal to seniors for lunch.
To get involved, visit www.selfhelpelderly.org, call (415) 677-7600, or email info@selfhelpelderly.org.

MENTORING SERVICES:

- **Junior Achievement of the Bay Area, Inc. – SF and SM**
Help young students understand the world around them: from what it takes to be a good family member to being a good citizen of the community.
To get involved, visit <http://bayarea.ja.org/>. For SF, email Devon Trux at dtrux@janorcal.org. For SM, call Sharon Preston at 408-217-7907 or email spreston@janorcal.org.
- **Urban Services YMCA - Building Futures Mentoring Program - SF**
Develop and maintain a one-to-one mentoring relationship with a child or teen that lasts for one year.
To get involved, visit www.ymcasf.org/mentor, call 415-561-0631 x102, or email mentoring@ymcasf.net.
- **YMCA Peninsula - Building Futures Mentoring Program - SM**
Meet with and mentor an at-risk child or teenager weekly.
To get involved, visit http://www.ymcasf.org/peninsula/volunteer/detail/711_building_futures_mentor, call (650) 286-3916 or email vbynum@ymcasf.org.

POVERTY:

- **Raphael House - SF**
Cooking and serving an evening meal at the shelter, adopting a family over the holidays, or organizing an in-office drive.
To get involved, visit www.raphaelhouse.org or call Kim Lessard at (415) 345-7264.
- **Samaritan House -SM**
Sort through donated clothing and food, prepare and serve meals, and more opportunities.
To get involved, visit www.samaritanhousesanmateo.org, call Melissa Moss at (650) 523-0819, or email mmoss@samaritanhousesanmateo.org.
- **St. Anthony Foundation - SF**
Serve meals, sort donated clothing, assist recreational activities and more opportunities.
To get involved, visit www.stanthonysf.org, call Dolores Gould, Manager of Corporate Relations at (415) 592-2704 or email at dgould@stanthonysf.org. For non-corporate groups contact Arturo Guillen at (415) 592-2728 or email aguillen@stanthonysf.org.
- **St. Vincent de Paul Society of San Francisco - SF**
Serve meals to homeless, make sack lunches, organize clothing/toiletry drives, do yard clean-up projects, home maintenance, or do household tasks for elderly, disabled or ill individuals.
To get involved, visit <http://svdp.org/sanmateo/>, or call (650) 373-0622, or email SVdPLP@yahoo.com.
To get involved visit <http://www.svdp-sf.org/volunteer.html> call Anjali Ruvalcaba at (415) 977-1270 x3018, or email aruvalcaba@svdp-sf.org.
- **St. Vincent de Paul Society of San Mateo County**
Prepare and serve meals to the homeless, help at one of the St. Vincent de Paul thrift stores, make home visits to deliver food, work with the Restorative Justice Project.
To get involved, visit <http://www.svdp-sanmateoco.org>, call (650) 373-0623, or email svdpinfo@yahoo.com.

To learn how to develop an employee volunteer program, for information about the Bay Area Corporate Volunteer Council, or for other corporate volunteer opportunities, please contact The Volunteer Center at (415) 982-8999 or by email at info@thevolunteercenter.net.