

YOUTH PULSE

volunteer!

Youth Pulse is here to show you how to get plugged into where your community needs you most. Get involved and show how important youth involvement is to the Bay Area!

Each month we focus on a different community need and highlight volunteer opportunities that will allow you to apply your talents and skills to that need and give back to your community!

In This Issue

[Youth Pulse Highlight](#)

[Use Your Green Thumb](#)

[Plant A Tree](#)

[Support SF Parks](#)

Quick Links

[Youth Guide](#)
[The Volunteer Center](#)
[About Us](#)
[News & Events](#)
[Volunteering](#)
[Contact Us](#)

Join Our List

[Join Our Mailing List!](#)

May

2009

May Day, celebrated on the first of this month, is a holiday that was a traditional marker of the mid year. Today, it isn't widely recognized, but summer vacation is right around the corner and that in itself is a mid year marker! In the essence of this holiday, Youth Pulse is focusing on volunteer opportunities that will help you get into the spirit of Spring!

May Day traditions often would incorporate flowers, trees and the familiar outdoor maypoles into their celebrations, so this month we're going to celebrate Bay Area parks and recreation facilities. To spring into action, check out the fun opportunities listed below!

Youth Pulse Highlight

The Playfields Stewardship Initiative is a partnership between the Neighborhood Parks Council (NPC), City Fields Foundation and the Recreation and Parks Department. Talk about spreading your service to a broad set of organizations!

They need your help with park cleanups and community-



building events. This opportunity also invites youth to share their input about how to best meet community needs and ensure the enjoyment of five newly-installed synthetic turf playfields.

Matt Silva, Outreach Coordinator for NPC, tells us this initiative, "aims to instill a sense of community and stewardship. It's an especially great opportunity for youth athletes and for those who need volunteer service hours."

Workdays and volunteer events are scheduled on a per-site basis and there are currently five separate playfield sites that are a part of this initiative.

To find out more about which neighborhoods need your help, [check this link out!](#)

Get Some Dirt Under Your Fingernails!

Do you have a green thumb? Victorian Park needs your help gardening! Located in the beautiful San Francisco Maritime National Historic Park and right on the bay, volunteers won't have trouble committing only two hours a week to help out in this gorgeous area.



Even better, you get to help *enhance* the area's beauty and your own gardening skills. Volunteers here help maintain the gardens and develop new landscaping to ensure visitors have a pleasant experience. This will also give you the opportunity to expand your teamwork and communication skills.

For more information, [click here!](#)

Plant a Tree!



Friends of the Urban Forest helps communities plant close to 1,000 trees each year. They even have a new goal to plant 2012 trees around San Francisco's schools by the year 2012.

Plantings occur on weekend afternoons. You'll have the opportunity to work in a team installing a whole group of trees and learning about their ecological importance! Bring a few friends along for this great activity!

It's also a great chance to make new friends and meet your neighbors. Volunteers are encouraged to help out in the area of town where they live. Talk about a direct impact!

To get started and see where you can help, [follow the link!](#)

Support SF Parks!

San Francisco Parks Trust offers ongoing and one time volunteer experiences. You even have the opportunity to develop your own intern position!



SAN FRANCISCO
PARKS TRUST

Not ready to volunteer on a long-term basis quite yet? San Francisco Parks Trust sponsors "Done in a Day" projects one Saturday a month in June, July and August. For four hours you can just drop in at the volunteer site and lend a hand by weeding, planting and helping clean our parks.

All instruction and necessary materials are provided-- even lunch! This is another great opportunity to give back, enjoy the sun and even bring a group of friends to!

[Click here](#) to learn more!

Did you find what you were looking for?

Hopefully these opportunities have inspired you to help give back and beautify your community. If you still haven't found the perfect volunteer experience to match your interests, be sure to visit [The Volunteer Center website](#) for other ways to get involved this spring!

See you next month,
Kristen K.

[Forward email](#)

✉ **SafeUnsubscribe®**

This email was sent to info@thevolunteercenter.net by dchacona@thevolunteercenter.net.
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



The Volunteer Center Serving San Francisco and San Mateo Counties | 1675 California Street | San Francisco | CA | 94109